

Broccoli Apple Salad

(from Alyssa at therecipecritic.com)

4 cups fresh broccoli florets, (about 2 medium heads)
½ cup shredded carrots
¼ cup diced red onion
2 large apples, finely chopped (such as gala apples)
½ cup pecans, coarsely chopped
½ cup dried cranberries

Creamy dressing ingredients:

½ cup lite mayonnaise
½ cup low fat Greek yogurt
2 tablespoons lemon juice
1 tablespoon sugar
¼ teaspoon salt
⅛ teaspoon pepper

Instructions:

- In a large bowl combine broccoli, carrots, red onion, apples, pecans, and dried cranberries.
- To make the dressing: Whisk together mayonnaise, Greek yogurt, lemon juice, sugar, salt and pepper.
- Add the dressing to the salad and toss to coat. Chill until ready to serve.

Serves 4-6